

Awaken
Engage
Explore

OMEGA INSTITUTE

The Joy of Making A Conference Exploring the Why & How of Making Things



JUNE 30–JULY 2, 2006

Course 2302-550/Tuition \$325

Tuition discounts are not available.

Accommodations/commuter fees additional

We are all makers. It is part of everyday life. We all make something: art, clothes, gardens, gifts, meals.

Sylvia Brinton Perera and Daniel Mack host this fascinating weekend to explore the power of making things. They are joined by other practicing artists and writers to create a memorable and inspiring weekend.

We are introduced to classic construction techniques such as drilling, whittling, carving, sewing, stacking, assemblage, and lashing. We use these skills with wood, textiles, paper, stone, and other found and common materials to make things you can take home.

As we create, we also seek to understand the *why* of making through discussion, poetry, and guided walks on the Omega campus. Making things with our hands, we learn, can be a way to see inside ourselves, a reflection of an inner longing for self-discovery and wholeness. The language of making is a sacred conversation with all of life—ourselves, others, and the natural world.

This conference is for those in mid-career needing a fresh perspective, teachers looking to recharge themselves, and people who enjoy making things. Developing artists will find it a rich event of inspiration, information, technique, and networking. Healers should find it a stimulating intersection of the material and the spiritual.

\$30 materials fee; include when you register.

Sylvia Brinton Perera is a Jungian analyst. Her publications include *Descent to the Goddess: A Way of Initiation for Women*; *The Scapegoat Complex: Towards a Mythology of Shadow*, and *Guilt*; and *Dreams: A Portal to the Source*.

Daniel Mack is a workshop leader, artist, furnituremaker, and author of five books on rustic work. He is currently at work on several new books, including one on the powers of making, *The Wayward Artist*.

Akiko Busch is a critic, design writer, and author of many books, including *The Uncommon Life of Common Objects*.

Diane Savona is a fiber artist, teacher, and junk collector. Her work has been shown in galleries and museums, and has been featured in *Piecework* magazine.

Jonathan Talbot is a collage artist and developer of a new technique that eliminates liquid adhesives from the collage assembly process.

Christina DiMarco is an artist and teacher specializing in suminagashi marbling, sumi-e, and the use of natural materials.

David Horton, an attending artist, makes drawings, photographs, artists' books, and sculptural constructions.

Robbie Haldane is a noted Irish stone worker. He is a guest artist and will join the conference on Sunday, July 2.

About Omega

Omega is the nation's premier center for holistic studies offering workshops, retreats, and professional trainings in a world of subjects.

Located in Rhinebeck, New York, in the magnificent Hudson Valley, Omega's lakeside campus is set on 195 acres of rolling hills, beautiful flower and vegetable gardens, and peaceful woodlands.

It is a car-free environment, a walker's paradise. A place to slow down, reflect, breathe.

Omega is closer than you think, just two hours from New York City, and with easy shuttle service from airports and train and bus stations.

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